



# Rotary Club of Bombay West

# THE FLYING CARPET

## CLUB BULLETIN

IN SERVICE  
OF HUMANITY...  
SINCE 1954

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FOR PRIVATE CIRCULATION

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A message  
from President  
**RAHUL GOENKA**

### Wheel Your Own Suitcase

I was at Pawan Hans Juhu Aerodrome to receive my father's friend, uncle Parthasarathy, who was the Chief Secretary of an Indian State. He was coming to attend my brother's wedding. An industrialist from uncle Parth's city had flown him to Mumbai in a private jet, then transferred him to Juhu Aerodrome via a private helicopter. An entourage was also waiting at the aerodrome to receive uncle Parth. He wheeled his one suitcase to the exit, as the entourage walked beside him and whisked him off in a luxury car. I was told to ask my driver to follow them, as I rode with uncle Parth to the hotel where we had booked him. The entourage had already pre-checked-in our guest and took him straight to his room, avoiding the crowd of other wedding guests at the hotel check-in reception. A 'lal batti' limo was at uncle Parth's disposal throughout the three days of the wedding festivities, shuttling him from the hotel to the various venues of each of the wedding functions. He never got to use the taxi we had booked for him. Post the wedding, he returned back the way he had come.

Few years later, I found myself at Chhatrapati Shivaji Maharaj Terminus Station (CSMT), to receive uncle Parth, who had since retired, for another wedding in the family. Uncle Parth got off the 2nd AC compartment and start wheeling his suitcase. I called my chauffeur to meet us at the pick-up point. Uncle Parth rode in our car to the designated hotel, where we checked him in, along with the other wedding guests, while he mingled with the crowd of wedding guests. Throughout the wedding, he pooled in with other wedding guests, in chartered taxis to ferry the guests to the various wedding function venues and back to the resident hotel. Three days later, I was giving him a ride to Dadar Railway Station for his return journey.

Uncle Parth often mentored me in his own subtle way. On our way to the station he said, "Rahul, always wheel your own suitcase." He added, that when in position of power, it's an opportunity to earn human relations, for you to get to meet and get close to more people than you would otherwise. Do not just wield your power or flaunt your position, as it's all temporary. The private jet, helicopter, 'lal batti' car, entourage, etc. was not for him but his position. One should definitely enjoy the perks when presented but not take them for granted. One should not work for earning respect or leaving a legacy but instead should work to earn, build and maintain human relations. These relations outlast positions, power and time. He sighted the example of him having built such a relation with my father who sent him an invite to family weddings, and his son to receive uncle Parth, irrespective of whether he was in office or retired. He always wheeled his own suitcase, in both instances stated above, to keep himself grounded. In the process, he hoped, he had built a relation with me too, hoping it will be one that lasts.

Rotary I feel is one such social platform where we meet and interact with people, giving each of us opportunity to build mutual relations. I see the tenure of Presidency as a possibility for even the non-active members know you and build relations, and in the process Enjoy Rotary. I hope in the months gone by, I have earned the privilege of your time and your relation, as I continue to strive for the same in the future.



# Speaker Meeting on 26<sup>th</sup> March, 2025

## Guest Speaker - Mr. Amit Pathak

### Rewiring your Brain for Positive Change by applying NLP

Mr. Amit Pathak spoke on Neuro Linguistics Programming (NLP) which is a powerful mind-reading and mind-programming science with techniques that work fast to change the mental wiring of our brain. It is a mix of language analysis and usage, hypnosis, body language, mental programs that run our life.

NLP techniques can completely shift our thoughts, behaviour, fears, habits or negative patterns... and even help get rid of psychosomatic disorders - ailments that have psychological triggers - such as asthma, allergies, hormonal disorders... and much more.

He gave several examples of implementing NLP in his patients.





# The origins of Paul Harris Fellow recognition

The Paul Harris Fellow recognition acknowledges individuals who contribute, or who have contributions made in their name, of \$1,000 to The Rotary Foundation.

Rotary established the recognition in 1957 to encourage and show appreciation for substantial contributions to what was then the Foundation's only program, Rotary Foundation Fellowships for Advanced Study, the precursor to Ambassadorial Scholarships.



A.Z. Baker, 1955-56 RI president, admires a newly minted Paul Harris Fellow medallion at the 1969 Rotary Convention in Honolulu, Hawaii, USA.

The first Paul Harris Fellows included past RI Director Allison G. Brush, who served during the 1937-38 Rotary year, and longtime RI Treasurer Rufus F. Chapin, both for donations made in 1946. Mrs. Adan Vargas was the first woman to receive the recognition, for a gift made in 1953. Mrs. Harry L. Jones was the second, and one of only five people recognized for contributions actually made in that inaugural year.

Early Paul Harris Fellows received a certificate of recognition. In 1969, the Foundation unveiled the first Paul Harris Fellow medallion at the Rotary Convention in Honolulu, Hawaii, USA. Japanese metal artist Fiju Tsuda created the piece under the direction of former Foundation Trustee Kyoza Yuasa. Today, Paul Harris Fellows receive a certificate and pin. They are also eligible to buy a Paul Harris Fellow medallion.

Rotarians have a tradition of supporting the Foundation by honoring others. Ida LeTulle Taylor became a Paul Harris Fellow in 1978 when her husband, Vann Taylor, who was serving as a district governor, made a donation in her name in honor of their 34th wedding

anniversary. The gift also made her the 25,000th Paul Harris Fellow.

At the International Assembly in 1979, incoming RI President James Bomar challenged each Rotary club to make one non-Rotarian a Paul Harris Fellow. The Rotary Club of Pikesville, Maryland, USA, responded by making a donation in the name of Mother Teresa in 1980. The entertainer Pearl Bailey also became a Paul Harris Fellow through a joint effort of the Rotary clubs in Cape Cod, Massachusetts.

Many other notable figures have been named Paul Harris Fellows, including U.S. President Jimmy Carter, Russian President Boris Yeltsin, U.S. astronaut James Lovell, UN Secretary-General Javier Perez de Cuellar, and polio vaccine developer Jonas Salk.

The number of Paul Harris Fellows reached the 1 million mark in 2006.



The first Paul Harris Fellow medallion, left, and a later version. Various lapel and neck ribbons were used with this medallion throughout the years.



Left: The first men's lapel pin. Right: The second men's lapel pin.



Women's lapel pin, left, was used until 1997. In 1997, the Foundation standardized the designs of the medallion and lapel pin, using the same for men and women, right. Both bear the laurel wreath design of the Multiple Paul Harris Fellow pins and are still in use today.



Left: Introduced in 1984, the blue-stone Multiple Paul Harris Fellow pin recognizes additional donations up to \$6,000. Right: Red-stone Multiple Paul Harris Fellow pins were introduced in 1988 to bridge the gap between the blue five-stone pin and Major Donor recognition levels.



# Blood Donation Drive

**Date:** 6<sup>th</sup> April 2025

**Venue:** Rotary Service Centre, Juhu

The Rotary Club of Bombay West successfully conducted a Blood Donation Drive in collaboration with Shree Punjab Jain Bharati Sabha, Bombay Round Table 2, and Rotary Club of Mumbai Rising Stars.

## Highlights of the Event:

- 38 bottles of blood collected

- 52 donors registered
- A Yoga Training Session was conducted, benefiting 30 participants, promoting wellness and stress management.
- An Organ Donation Awareness Campaign was organized, where the importance and impact of organ donation were explained to all donors and their family members, encouraging them to pledge for the cause.

The event was a wonderful example of service through partnerships and community engagement.



# Distribution of Shoes and Accessories

Summer gets very hot and it becomes difficult to walk bare foot in scorching heat. To add to the problems, temperatures are extreme due to climate change. The interior villages consist of adivasis from very low-income groups who cannot afford good-quality resources like footwear. This leads to high absenteeism and suffering, especially during summer. 941 shoes and accessories were distributed among the children, their parents and villagers through the Ashram Shaala located at Parali. Thank you PP Rajendra Ruia for arranging the CSR initiative



**BIRTHDAY AND  
ANNIVERSARY GREETINGS**

## Rotarian Birthdays

04 April : Rtn. Mahesh Kokate

04 April : Mr. Manoj Viswanathan

09 April : Rtn. Gaurang Mehta

## Anniversaries

08-April : Rtn. Keyuri & Aniljit Singh